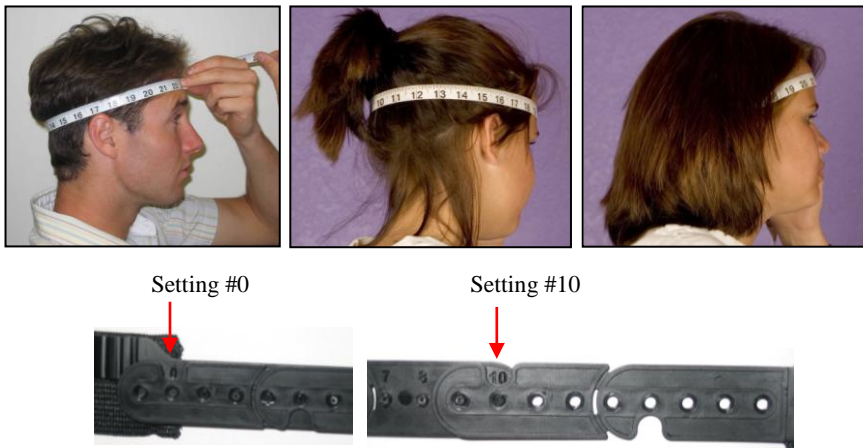


ARES STUDY DISPENSING INSTRUCTIONS

Adjust the Strap Setting:

- To keep the strap from slipping up during the night (causing the alerts to sound), a patient with long hair should wear it up or the Unicorder strap should go under their hair.
- Measure the patient's head circumference, including hair if worn over the hair.
- Enter this measurement in the sleep log.
- Use the lookup table to the right to determine the strap setting.
- Adjust the strap to the appropriate setting (the strap setting number should be visible in the U shaped notch on the top side of the strap).

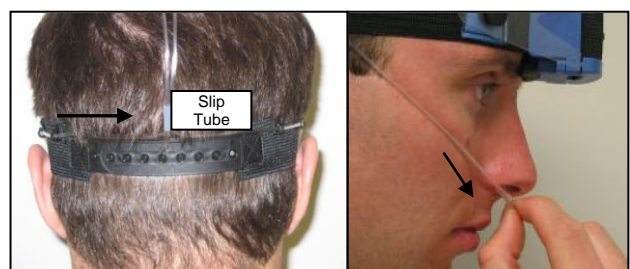


Head Size	Strap setting
<21.5"	0
21.5"	1
22"	3
22.5"	5
23"	7
23.5"	9
≥ 24"	10

Adjust Strap Setting: For setting 0, the two left holes will not be snapped.

Applying the Unicorder:

- Using the Unicorder User Instructions as a reference, have the patient apply the Unicorder and tighten the cannula.
- Confirm that the slip tube is located at the strap adjustment.
- Confirm that the patient understands how to test for proper cannula tightness.



Demonstrating Start of the Study:

- Have the patient switch on the Unicorder to hear one chirp indicating that the Unicorder is on.
- Explain that after they hear TWO CHIRPS, they can be in any position they want and go to sleep.

Points to Emphasize:

1. The patient should read the ARES Sleep Study Instructions pamphlet before starting the ARES sleep study. There are important warnings in the Booklet that the patient should read about while they are alert (i.e., not right before bed).
2. Wipe their forehead with the alcohol swab and remove hair from under the sensor.
3. If the slip tube is not on top or just above the adjustment strap the cannula may loosen during the night.
4. The strap setting should not be adjusted without first calling technical support.
5. The TWO BEEP alert indicates the Unicorder must be repositioned on the forehead.
6. The THREE BEEP alert indicates the slip tube on the cannula needs to be retightened. Perform the cannula test to ensure it is properly adjusted.
7. If any alert sounds more than twice, call technical support.
8. NEVER TURN OFF the Unicorder during the night.
9. If the green light is blinking, the Unicorder automatically stopped recording. This is normal, but the Unicorder still needs to be turned OFF.
10. Complete all responses in the Sleep Log for each night of the study.
11. In order to acquire accurate signals, the Unicorder may leave a mark on the patient's forehead that usually disappears in a few hours.
This is normal.

